

## Welcome to Flower Valley Bath and Racquet Club's 2011 Fall Tennis Season!

- \* Professional tennis instruction from Kristoffer Barnes who has 11 years of teaching experience, as well as 24 years of playing experience with 16 years being at the national, collegiate (D1), and professional levels.
- \* Tennis programs run 7 weeks for both adults and juniors.
- \* Programs begin on September 12<sup>th</sup> and will run through October 28<sup>th</sup>. October 31<sup>st</sup>- November 4<sup>th</sup> is the time allotted for make-ups due to inclement weather.
- \* Private Lessons are available beginning September 12<sup>th</sup> (assuming weather cooperates).
- \* All programs are listed on the next page

### \* **Registration and Payment Policy:**

### **Deadline for all Registrations of classes is Friday, September 7<sup>th</sup>, 2011.**

**NOTE:** You will receive a confirmation email on the day the check and registrations are received so please be sure to INCLUDE your email address! If you send your registration on the week of the deadlines and are sure we will receive the registration after that date, please send us an email notifying us of the day you sent the registration in order to qualify for the discount, otherwise you will receive an invoice for the difference. We will accept checks and registrations 3 business days after your email ONLY.

**Late Registrations:** Any registration received after Sept. 7<sup>th</sup> will be subject to a \$60 late registration fee, and an invoice will be mailed/emailed.

**Cancellations and Withdrawals:** Must be received in writing prior to the start of the program and will be subject to a \$60 service charge. If we don't receive a letter in writing for cancellation of enrollment prior to the start of the program, you will only receive a 50% refund plus \$60 service charge. If a student cancels/withdraws due to injury or illness after the program begins, all payments will be pro-rated appropriately. Physicians notice must be provided in order for a pro-rated refund.

[HPTennisLLC@Yahoo.com](mailto:HPTennisLLC@Yahoo.com)

301-452-7439

**\* Make-up Policy for Programs:**

**Missed Classes and Make-ups:** Missed classes which are not phoned in at least 24 hours in advance are forfeited. Cancellations for any other reason other than sickness, injury, or weather are unexcused. Missed classes must be made up in the current spring semester and will not be rolled over to other season's sessions (ex. Spring to summer). No refunds will be given for missed classes. Please call me to schedule your make-up. If you have not called in advance, you may not be able to participate on that day due to court availability or capacity of that class. Any missed classes due to inclement weather are scheduled ONLY for October 31<sup>st</sup> – November 4<sup>th</sup>. We are not held responsible for the weather.

For any further questions, please don't hesitate to call or email us at:

[HPTennisLLC@Yahoo.com](mailto:HPTennisLLC@Yahoo.com)

Day Phone: 301-452-7439

\* Send registrations and make all checks payable to:

Kristoffer Barnes  
19009 Queens Cross Lane  
Germantown, MD 20876

## Fall 2011 Adult and Junior Tennis Programs

### **Junior Aces (Intermediate)**

This program is designed for the player who is looking to become more serious about their development, but isn't quite ready for the more advanced level training. This class will focus on developing skills and correcting weaknesses through fast paced drills and match play.

### **Junior Netters (Beginners to Low Intermediate, Ages 7- 11)**

Focus will be on stroke production, rules and score keeping. This class feeds into the Junior Aces program, assuming that skills have developed reasonably for advancement. The format will provide a mixture of drills and begin with the objective of improving overall play.

### **Wimpletons (Beginners, Children ages 4-7)**

Introductory class to tennis with emphasis on motor control and cognitive learning. Focus will be on hand-eye coordination, stroke production, and most importantly creating interest to ensure longevity in the sport. Will also focus on having lots of fun!!!

### **Morning Explosion (Workout Drill Sessions)**

Adult Class: Get your workout on the tennis court! This program is composed of high paced drills to increase stamina, speed, and overall conditioning. Drills focus on technique and strategy.

### **Evening Explosion (Workout Drill Sessions)**

Adult Class: Get your workout on the tennis court! This program is composed of high paced drills to increase stamina, speed, and overall conditioning. Drills focus on technique and strategy.

## Fall Junior Tennis Clinics

Programs	Days & Times	Dates	Cost
Junior Aces	Mondays: 4pm -6pm Wednesdays: 4pm - 5pm	Sept 12 <sup>th</sup> - Oct 28 <sup>th</sup> (7 weeks)	Members: \$480 Non-Members: \$540
Junior Netters	Tuesday and Thursday 4:00 - 5:00 pm	Sept 12 <sup>th</sup> - Oct 28 <sup>th</sup> (7 weeks)	Members: \$240 Non-Members: \$300
Wimpletons	Tuesday and Thursday 5:00 - 5:45 pm	Sept 12 <sup>th</sup> - Oct 28 <sup>th</sup> (7 weeks)	Members: \$200 Non-Members: \$260

## Adult Clinics

Programs	Days & Times	Dates	Cost
Morning Explosion (Intermediate Class)	Tuesdays  10am - 11:30 am	Sept 12 <sup>th</sup> - Oct 28 <sup>th</sup> (7 weeks)	Members: \$200 Non-Members: \$240
Evening Explosion (Beginner to Beginning - Intermediate)	Tuesday and Thursdays  6pm - 7:30 pm	Sept 12 <sup>th</sup> - Oct 28 <sup>th</sup> (7 weeks)	Members: 1 day/wk: \$200 2 day/wk: \$350  Non-Members: 1 day/wk: \$240 2 day/wk: \$420

## Flower Valley 2011 Fall Tennis Registration

Student's Name: \_\_\_\_\_ Member or Non-Member: \_\_\_\_\_

Program: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

Cell Phone: ( ) \_\_\_\_\_ E-mail: \_\_\_\_\_

By signing here, I hereby read and understand all information within this packet and henceforth acknowledge and agree with the payment, make-up, registration, late registration, and cancellation/withdrawal policies. (Registrations will not be accepted if not signed):

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Enclosed: \$ \_\_\_\_\_